

Grandparents Week is July 20th– 26th!

Events & fun throughout the week! More info coming soon!

Jazz Guitar At Its Best –Enjoy Randy Vincent and John Potter on July 2nd from 2:00pm– 3:00pm at the Berger Center. \$10 donations suggested.

Wendy DeWitt, The Queen of Boogie Woogie– Friday, July 25th @ 7:00pm at the Berger Center. Tickets are \$25 at the Ova office or at the door!

WELCOME TO OUR NEWEST NEIGHBORS.....SHEEP!



On Saturday, June 7, our community welcomed grazing sheep in areas around Oakmont to help manage the vegetation. We want to remind residents that feeding the sheep is not permitted, as some plants outside the fenced off areas are poisonous to the sheep. Thank you for keeping the sheep safe as they continue grazing our high weed areas. We conduct the high weed mow

in alignment with the declaration of fire season by the Fire Dept, ensuring that our efforts are timely and effective in reducing fire risk!



OAKMONT GARDENS
Connections. Community. Comfort.

Oakmont Gardens
301 White Oak Drive
Santa Rosa, CA

LEADERSHIP TEAM

Executive Director

Marc Strohschein

Business Office Manager

Gloria Albor

Director of Health Services

Jody Livingston

Director of Culinary Services

Alfredo Martinez

Director of Environmental Services

Martin Alvarez

Director of Housekeeping Services

Maricela Rosas

Director Community Life Services

Jen Arent

July 2025

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- Grandparents Day BBQ!
- Ice Cream Mixology Mixer
- Snacks from Around the World
- Learn the OVA Bus System



Lectures Every Sunday

at 12:30 pm!

American Icons Series

7/6 –Three Iconic
Speeches– FDR, JFK, &
MLK

7/13–George Washington

7/20– No Show Today

7/27– Franklin D Roosevelt



OAKMONT GARDENS

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As we make our way through our summer season at Oakmont Gardens we have much to be excited about!

Want to learn how to get around Oakmont Village? The Activities Team will be taking groups of residents out to experience and learn the OVA bus system on Tuesday July 15th and July 22nd at 2:00! Sign up at the front desk!

Celebrate the 4th of July holiday with a gourmet BBQ! The fun includes a live show by the band "Relish"! So lets celebrate our independence day! Grandparents Week will kick off with a special kid friendly BBQ on Sunday, July 20th with family fun!



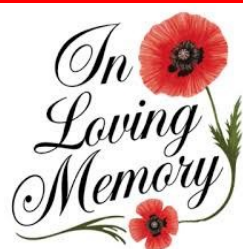
**Oakmont Gardens Annual
4th of July BBQ!**
11:30am– 1:30pm

Enjoy the musical stylings of
Relish and the Gourmet BBQ
featuring the culinary delights of Chef Fred,
and Independence Day merriment!



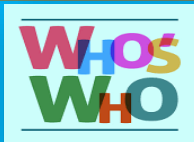


Carolyn McKenna 7/1
Art Boot 7/1
Jone Fujihara 7/3
Trish Harrell 7/5
Raymond Rudolph 7/7
Judy Dumm 7/8
Maurine Christ 7/10
Pat Veuve 7/10
Nick Salant 7/12
Virginia Wildanger 7/17
Lynda McCormick 7/17
Pamela Pasquan 7/18
Mary Przyblyski 7/19
Barbara Weiner 7/24
Delores Johnson 7/25
Noreen Betten 7/28
Bob Flandermeyer 7/29



**Join friends, family &
 neighbors for an
 Oakmont Gardens
 Memorial for those
 who have passed.**

**Sunday, July 13th
 3:00pm in the Activity
 Room**



12 Things About Frank Andermahr....



- Frank feels he has been lucky all his life.
- Born in San Francisco in 1931
- Attended *Notre Dame de Victoires*, the Catholic French school
- Flew to Germany and back on the *Hindenburg* at age 5.
- Worked for Fred McMurray on his ranch in Healdsburg.
- At age 16 was a member of the "Black Gang" in the engine room of the *Matsonia* on a trip to Hawaii and back.
- Enlisted in the Marine Reserves at age 17
- At age 18 enlisted in the US Army and studied at the Brooks Army Medical Center to become a Surgical Technician.
- In October 1949, he caught a *Liberty Ship* from Seattle, WA to Yokohama, Japan. While enroute, they encountered a Category 4 typhoon off the coast of the Aleutian Islands. It was blowing winds of 140 mph.
- Train ride to Osaka, Japan to work as a surgical tech in the OBGYN ward.
- Requested to be transferred to the Military Police and got it.
- June, 1950 North Korea invaded South Korea.
- In August, requested to be transferred to the 728th Military Police Battalion in Korea and then was moved to the 7th infantry medical battalion. During his first dark night on the line (after a very hard day of setting up tents and digging holes), he was assigned to guard duty unaware that an artillery unit was set up behind them. When someone yelled, "Ready! Hit it!" and three 155 cannons fired off at once. Scared, he threw his rifle up in the air and hit the ground. Those projectiles kept flying over their tent and lifted the cots an inch or so off the ground.



Janet Rattray Oakmont Gardens Liaison to the Dining Room & Kitchen

Janet Rattray was born in Boston and grew up on the coast of Westport Massachusetts. In the summers, she spent everyday swimming at Elephant Rock beach, making the rank of lifeguard in her teens. She graduated from Westport High School and went on to the University of Massachusetts in Amherst where she met and married her husband. She graduated with a BA in History and a minor in English.

Janet has six grandchildren, three in the U.S. and three in Geneva, Switzerland. On Father's Day this year she welcomed her first great grandson and is looking forward to spending time with him in San Francisco.

In the 70's, Janet started a small interior landscaping business in Providence, Rhode Island, called the Providence Plant Corporation. It grew quickly as the demand for live plants and trees in office buildings, hotels, malls, and airports followed the trend of live plants indoors. As the majority of the plant material was grown and shipped from Florida, the University of Florida added short courses throughout the year on the use and care of plants and trees. Janet attended many of these courses and conferences and met others from around the country in the same business that shared experiences and advice.

As the size of buildings increased and malls were added, her company developed a portable watering system called a Water Well, using expansion tanks to service large accounts. Eventually these were marketed and sold around the country and even to the U.S. Government. You may still see one, a large blue tank on a dolly, around a mall or office building today.

When a customer wanted to ship thank you gifts of live flowers to their clients, Janet's company created a new division, "In Bloom", to meet this request. There were a few interesting trips to Holland to get this going. Periodically In Bloom would ship over 1000 boxes of flowers. When the client wanted a change, large bouquets of dried flowers was a welcome alternative.

When the businesses were sold to a British conglomerate in the 90's, Janet moved to a warmer climate in Raleigh, North Carolina. After a little retirement, she started working for a Research Company in Rockville, MD that was contracted to the CDC to do household interviewing on medical expenditures. This involved travel around North Carolina as well as some other locations. It was an interesting and challenging "last career", navigating the general public's skepticism on the subject area.

In order to be closer to her daughter in Guerneville and grandchildren, she moved here to Oakmont Gardens and serves on the OGRA as a liaison to the Dining Room and Kitchen.



**Please note that
 the time for Flower
 Arranging has
 been changed to
 10:30 every other
 Thursday so that
 all that want to
 participate will be
 able to do so!
 Thank you!**



Join us in celebrating
 another year with these
 amazing Oakmont
 Gardens team members!

Three years!
Nery Flores Jiron

8 years!
Linda Hoffman

15 years!
Martin Alvarez





**Cardio Drumming is
back ladies & gents!**

**Saturdays in the
Activity Room at
10:30am!**

**Come rock and drum
your morning away
with friends!**



**Learn How to Navigate the
Oakmont Village Bus System!**

**Interested in learning how to get where
you need to go in the community? The
Fun Squad is accompanying residents on Tuesday, July
15th & Tuesday, July 23rd!**

Sign up at the front desk! Reservations required!

Offsite Excursions

**For ALL outings, please contact the front desk concierge at 707-538-1914
or visit the desk to sign up. Seating is limited.**

**Kaho Soi Thai Zen 7/2 &
7/23**

Fresh & delicious Thai food!



**Salt & Straw Ice Cream
7/26**

Homemade Ice Cream that
demands your attention!



**Mendocino Farms with Jen
7/9**

Soups, salads, & soups with
a flavorful twist!



**Marin French Cheese Co.
7/30**

Handmade artisan cheese
from a historic creamery!



Frank Andermahr...continued

After the artillery men got their beer rations, they put the empty cans on top of the projectiles where they made a loud whistling noise. That unnerved the N. Koreans – and our troops as well.

- Part of his job was to load the wounded onto the helicopters that would carry them to a MASH unit.
- Played football at San Mateo Junior College with John Madden
- Sold insurance to credit unions
- Hobbies include food, wine, stock trading, raising horses, horse racing, and gardening!

**Thank you to “The 6” Team for
coming to Oakmont Gardens!**



**Welcome to our
newest neighbors!**

Diana Loretz #292

Joyce Millard #293

Don & Barbara Confer

308

**YAY! WE'RE
SO HAPPY
YOU'RE HERE!**

**Oakmont
Gardens
Art
Walk!**



**Calling all painters,
crafters, potters, and
sewing gurus!**

**Are you an artist? We
are hosting an Art Walk
to showcase all the
amazing talent we have
in our community!**

**The date to be
determined!**

**Please complete the
form available at the
front desk and turn it in
to Cheri!**

July 2025



Eight Dimensions of Wellness

Environmental

Health Services

Spiritual

Vocational

Intellectual

Physical

Social

Emotional

Weekly Recurring Events						
Sundays	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays
10:00 Oakmont Community Church Service 10:30 Bistro Boardgames 10:30 Sunday Symposium 10:30 Sunday Brunch 12:30 Cuiosity U (Except 7/20) 1:00 Episcopal Church Service 2:00 Bingo	9:30 Functional Yoga 10:30 Curiosity U: In the News Series 12:45 Brain Games 1:45 Bingo 2:00 Bridge w/ Friends 3:00 Classical Music 4:00 Beer & Wine Bistro 6:30 Evening Movie	10:00 Morning Exercise 11:15 Women’s Discussion Group 1:30 Resident Book Club (begins 7/15) 2:15 Mexican Train 2:30 Dog Therapy w/ Alba 4:00 Mixology Mixers 6:30 Evening Movie	10:00 Morning Exercise 10:30 Catholic Mass 1:00 Go Games with Friends 2:30 Wii Games 4:00 Local Wine Wednesday 4:00 Pet Therapy w/ Ruby 6:30 Evening Movie	9:30 Functional Yoga 9:30 Men’s Coffee Klatch 12:30 Documentary Series: Alexander: The Lost Pirate Kingdom 1:45 Bingo 2:00 Musicals & More 4:00 Thirsty Thursday 6:30 Evening Movie	10:00 Morning Exercise 1:00 Brain Games 1:30 Post Office Outing 2:00 Active with Kelly 2:00 Music Series: Andre Rieu 4:00 Happy Hour 6:30 Evening Movie	10:30 Wii Games 10:30 Cardio Drumming 1:00 Brain Games 2:00:Series: Anne with an E 3:30 Games with Friends 6:30 Evening Movie
JULY Specific Events						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Green = Outing; RSVPs required in advance at the front desk. Purple = Community Meeting —encouraged!		1 3:00 Town Hall with Marc	2 11:15 Khao Soi Thai Zen Outing 3:30 Activities Discussion	3 12:30 Documentary: Hoist the Black Flag	4 Happy 4th of July! 10:00 Trader Joe’s Shopping 12:00 Safeway Shopping 2:00 Post Office Outing	5 10:30 Cardio Drumming
6 12:30 Curiosity U:Three Iconic Speeches 2:00 Movies at Oakmont: Lincoln	7 10:30 Curiosity U: Five Important Civil Rights Cases 2:00 Oakmont Playreaders Presents: Proof– Act One	8 4:00 Mixology Mixer: Bahama Mama	9 11:00 Mendocino Farms w/Jen 2:00 Oakmont Gardens Resident Association (OGRA) Meeting	10 10:30 Flower Arranging 12:30 Documentary: The Pirate Republic	11 10:00 Safeway Shopping 1:30 Post Office Outing	12 10:30 Cardio Drumming 2:00 Folk Music Presentation
13 12:30 Curiosity U: Geroge Washington 3:00 Oakmont Gardens Memorial Service 2:00 Movies at Oakmont: I’m Still Here	14 10:30 Curiosity U: Picking Popes: Secrets of the Conclave 2:00 Oakmont Playreaders Presents: Proof– Act Two	15 10:30 Focaccia Bake Art Class 1:30 Resident Book Club 2:00– Learn the OVA Bus Outing 4:00 Mixology Mixers: Sea Breeze	16 10:00 Sonoma Plaza Outing 2:00 AL Resident Council Meeting 7:00 Redwood Chordsmen Practice	17 12:30 Documentary: The Price of Loyalty	18 10:00 Montgomery Village Shopping Outing 1:30 Post Office Outing	19 10:00 Safeway Shopping Outing 10:30 Cardio Drumming 1:30 Toppings Frozen Yogurt Outing
20 Grandparents Week! 11:30 Grandparents Week BBQ!	21 10:30 Curiosity U: AI– Past, Present, & Future	22 National Ice Cream Day! 1:30 Resident Book Club 2:00 Learn the OVA Bus Outing 4:00 Ice Cream Mixology Mixer: Sherbert Mimosa & Orange Dream Mimosa	23 11:15 Khao Soi Thai Zen Outing 4:30 Outing	24 10:30 Flower Arranging 12:30 Documentary: The Empire Strikes Back	25 10:00 Coddington Shopping Outing 1:30 Post Office Outing 3:30 July Birthday Party!	26 10:00 Safeway Shopping Trip 10:30 Cardio Drumming 1:30 Salt & Straw Ice Cream Outing
27 12:30 Curiosity U:Franklin D.	28 10:30 Curiosity U: The Past,	29 Snacks from Around the World:	30 10:00 Marin French Cheese Co.	31 12:30 Documentary: Deal or No		